

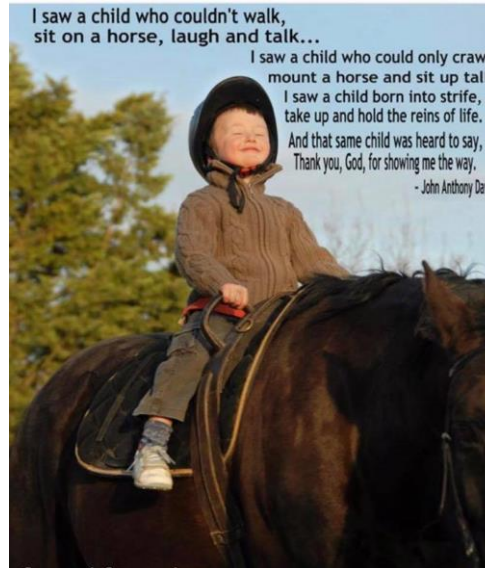
WHY Therapeutic Riding?



- *There is an undeniable bond between humans and animals.*
- Being in the presence of an animal as majestic as a horse, allows one to connect with nature in a very moving way.
- Because of this connection, a growing number of physical, occupational and psychological therapy centers are utilizing horses to reach out to patients on a very personal level.

The motor, emotional and sensory sensations associated with riding a horse have been found to *particularly benefit individuals with autism.*

Join our Autism Camp
and
Change a life
One Ride at a time!



BEAMING Inc. activities are held at:

KK Quarter Horses
2692 County Rd GG
Neenah, WI 54956

Office Phone: (920)851-6160

Email: info@beaming.org
Website: www.beaming.org

2017 Therapeutic Riding Autism Camp



Aug 14, 15 & 16

Session 1 - 9:00-10:30

Session 2 - 11:00-12:30



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Changing lives one ride at a time

According to the National Institute of Mental Health, children with Autism may exhibit difficulty with social interaction, emotional bonding and verbal and non-verbal communication



The Autism Spectrum Disorder Foundation supports equine assisted therapies which provide opportunities for physical communication with horses.

- Brushing, petting, hugging and riding create an emotional bridge between child and horse.
- Learning to care for horses allows an autistic child the opportunity to focus on something outside of their internal space

For those children who experience difficulty in comprehending directions, participating in equine assisted games and activities encourages them to respond to the verbal cues provided by our certified instructors. The rider must then communicate that direction to the horse. Riders become motivated to move and communicate. Throwing colored balls into buckets, touching horses while singing a song, identifying and sorting objects in the arena are just a few of the techniques used to encourage minds and improve cognition during equine assisted activities.

Therapeutic Riding Autism Camp

2017 DATES

Aug 14, 15 & 16

Session 1 - 9:00-10:30am

Session 2 - 11:00am -12:30pm

Camp is all three days of selected session

Sign up by: Aug. 7th
Space is Limited!

To sign up - or for more information
Contact:

Katie Samuelson

Beaming Center Director:

(920)-851-6160

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The physical benefits to horseback riding are undeniable. Children learn to move in new and exciting ways. Different sensory receptors are stimulated during riding exercises. Balance improves and core muscles are strengthened over time. Together with the emotional and cognitive benefits of equine assisted therapies, riding provides benefits to the whole individual, including body, mind and spirit.

Communication: Riding requires communication between the rider and the horse.

Focus and Behavior: Horses and Riding provide an immersion environment and focal point



Strength and Balance: Riding exercises many muscles and builds core strength

Motor Skills: Are improved by handling a horse and being in a riding environment

Study show improvement after riding: A pilot study performed by the University of Colorado showed improvements in several measures among children 6-16 who were on the Autism Spectrum. The first measurements were taken while on the waiting list for horseback riding and the second after 10 weeks of riding, Measurable Improvements were shown in areas of: irritability, hyperactivity, lethargy, stereotypy and inappropriate speech.