



FORWARD

VOLUME 1 | ISSUE 3 | WINTER 2018



8TH ANNUAL

NIGHT AT THE RACES

Join us for what is sure to be the horse racing event of the season. On April 14, 2018, BEAMING will host its 8th Annual **Night at the Races** event at the Hilton Garden Inn Oshkosh! The evening will include a chance to bid on a trip to *Louisville, Kentucky for a Meet & Greet Experience* with the 2014 **Kentucky Derby winner – CALIFORNIA CHROME**, named 2014 American Horse of the Year.

Registration begins at 5:00 PM and you will be greeted at the door by our celebrity mascot, Sparkles. Proceeds from the event provide equine therapy to children, teens, and adults with special needs.

BEAMING is funded entirely from donations, grants, and our wonderful volunteers. With the help of our community, we will continue "*CHANGING LIVES ONE RIDE AT A TIME.*"

Tickets Available at:

www.beaminginc.org or by stopping by
at **Vinland Still & Grill in Neenah**



LAUNCH MAKES A DIFFERENCE

"Students with diverse backgrounds can struggle to fit in socially and stress can put these students in a situation where learning is difficult," says Oshkosh North instructor Kyle Quednow. At BEAMING, the students learn math, coping skills, empathy, and work skills in a hands-on approach." Quednow says that "working with the horses at BEAMING has helped students understand a sense of respect and responsibility caring for the horses that they are then able to show to other people in their lives." He added, "since going to BEAMING, behaviors have reduced for a few students. Students who once had behavior issues have been making better choices. Not only because of the reward of going to BEAMING on Thursdays, but because they are learning lessons which they understand the importance of respecting/loving oneself and others."

This winter, LAUNCH students experienced new activities from learning how to change their own oil and other car care from Sean's Mechanical Solutions in Neenah to becoming CPR trained by Joni Kerwin, a certified CPR training volunteer.

If you are a business owner or know of a business where students could benefit by touring and learning more about the job skills and requirements, please contact Katie at 920-851-6160. BEAMING is funded entirely from donations, grants, and hundreds of passionate volunteers. Please consider making a financial contribution to the LAUNCH program where your support can ensure these students, and others in the Fox Valley, can continue getting the resources and experiences needed to help them succeed.

BEAMING PROGRAMS

It is the mission of BEAMING Incorporated to provide equine experiences for participants with special needs to enhance quality of life. We provide a journey of discovery through equine experiences to fill a gap in meeting physical, mental, and emotional needs for all individuals. We create connections for all involved by facilitating compassionate and non-judgmental relationships between participants, families, instructors, and volunteers.

Below is an overview of programs offered:

Horses, Hearts, and Heroes – Therapeutic horsemanship for veterans and active military of all ages and abilities. BEAMING is accredited by the Professional Association of Therapeutic Horsemanship.

Partners-in-Riding – A 6-week collaborative partnership with area school districts, providing adaptive physical education and equine experiences to serve students with differing abilities.

Camp FILTER – In collaboration with *Christine Ann Domestic Abuse Services*, each 5-day camp offers an experience for teens to raise their self-esteem and develop healthy, trusting relationships.

Autism Camp – Offers specific equine experiences in the summer for individuals on the autism spectrum.

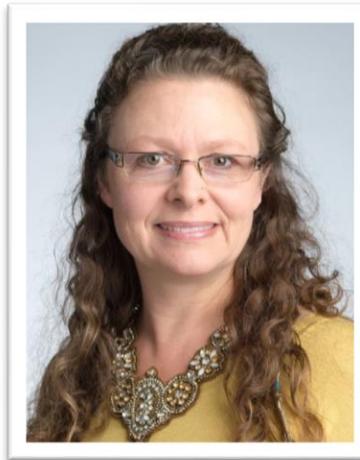
Project LAUNCH – Hands-on mentoring program for at-risk teens to gain essential skills for managing conflict, utilizing coping skills, developing positive social skills, and learning to engage in healthy self-care.

Saddle-up for Success – Group lessons, currently offered for 10 weeks over the course of the summer months.

Equestrian's with Disabilities (EWD) – Each spring, riders enhance their horsemanship and showmanship skills with a chance to attend local horse shows in the summer.

Our riding facility is located at 2692 County Road GG in Neenah, WI

MEET OUR BEAMING BOARD OF DIRECTORS:



Heidi Hansen go to see first-hand the services that BEAMING provides to their clients when her daughter, Mabel, started boarding her horse at the facility. Wanting to become involved, Heidi first became a side walker, then a horse handler, and eventually, the president of the board for the organization. Eventually, she began to share the benefits of equine assisted interventions with her students at the University of Wisconsin Oshkosh – College of Nursing.

Currently, Heidi is a UW Oshkosh – College of Nursing Clinical Instructor and has senior nursing students attend BEAMING sessions each semester as part of their Family and Community Health clinical experience.

“The clients we serve are so unique in their individual needs, that every day is new and wonderful,” said Heidi. “When I am at BEAMING with nursing students, I share that BEAMING is tremendously important to the clients, their families, their schools (if they are youth riders), and the community.” Hansen added that she educates her nursing students on the value of recognizing the unique aspects of personality that make their clients so special. “I teach them to focus on abilities, rather than deficits.” She added that “the students learn new communication strategies, how to develop individualized and personal strategies for care, and they also develop an appreciation for non-traditional approaches to improving health.”

“I want others to know that BEAMING has a place and a purpose for everyone, and actively honors the unique gifts and talents that we all bring to this life. Whether someone comes to BEAMING as a client or volunteer, they are valued and become a part of the BEAMING family.”

Hansen says that “working with individuals who have developmental and/or cognitive delays, a history of trauma, or men and women who are veterans, is an honor and a blessing.” She when on to say that “BEAMING staff and volunteers are fully committed to the mission of “Changing Lives One Ride at a Time,” and they do so with a sense of dedication, selflessness, and humility that is inspiring. Their generosity of time, talent, and love is rewarded as they bear witness to the transformative power of equine assisted therapies. As each rider becomes more confident, open, interactive, and strong, our volunteers experience a deep satisfaction that accompanies the knowledge that they are making a difference in the lives of some of our most vulnerable community members.”

Therapeutic Horseback Riding for Autism

Kids on the autism spectrum benefit from riding. Here's how:

Communication: Riding requires communication between the rider and the horse.

Focus and Behavior: Horses and riding provide an immersive environment and focal point.



Strength and Balance: Riding exercises many muscles and builds core strength.

Motor Skills: Handling a horse and being in a riding environment, improve motor skills.

Study shows many improvements after riding

A pilot study conducted by University of Colorado researchers showed improvements in several measures among kids 6-16 who were on the Autism spectrum. The first measures were taken while on the waiting list for horseback riding therapy, the second after the completion of 10 weeks of riding. The graph shows the improvement as measured by Vineland Adaptive Behavior Rating Scales, commonly used track behaviors in people on the Autism spectrum – basically, a higher score means more frequent and/or more abhorrent behavior.

Mean score of ABC-Subscales

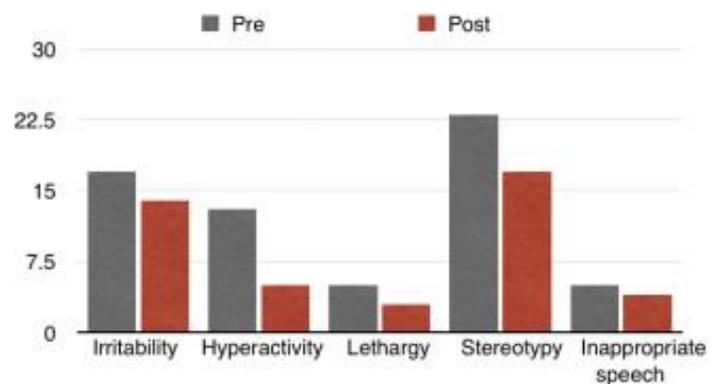


Chart depicting the mean change from baseline to post-THR for all participants.

2018 EVENTS AT BEAMING

Partners-in-Riding: Sessions run March through April for Neenah and Menasha Joint Schools Districts.

Night at the Races: an evening of fundraising & fun on April 14th at the Hilton Garden Inn Oshkosh.

EWD Camp: Begins April 2nd and runs through May 9th.

Saddle-up for Success: Mondays & Tuesdays, May through July.

Camp FILTER: Runs June 25-28th.

Autism Camp: Runs July 6-8th.

Check our website for any events changes and to access the required forms for riding and volunteering.

WWW.BEAMINGINC.ORG

BEAMING IS GRATEFUL FOR THE GENEROUS SUPPORT OF OUR DONORS!

Financial support from the community we serve makes it possible for us to continue Changing Lives One Ride at a Time.

Volunteers are needed and always appreciated! Please visit www.beaminginc.org or call Katie at 920-851-6160 to find out more about how you can help.



Find us on
facebook

SPUDS' FAN CLUB

BEAMING's stable of 12 horses are the foundation of the critical therapy we provide our clients. Keeping them healthy and happy consumes a large portion of our budget each month.

Last year a fund as established and named in honor of one of our most beloved horses, Spuds. His only job at BEAMING is to walk proudly around our arena, carrying special friends on his back. The only thing he and his stablemates expect for a hard day's work is some hay, a scoop of grain, and an occasional vet and farrier visit. On average, those costs run a mere \$8.34 a day, the approximate cost of going out for lunch on any given day.



Please consider joining the **SPUD'S CLUB** by pledging \$8.34/month to sponsor a BEAMING horse for one or more days each month. Donations are accepted on our BEAMING website, using PayPal. Please visit our website and select the option "Make this a monthly donation" and your card will be charged each month for the amount you specify.



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