GIVING TUESDAY

Celebrated on the Tuesday following U.S. Thanksgiving, and fueled by the power of social media and collaboration, **GivingTuesday** inspires millions of people across the globe to show up and give back to causes and issues that matter to them.
If you are moved to donate to BEAMING - please go to **BEAMINGinc.org**
Mark your calendar - GivingTuesday takes place **Tuesday Dec 3, 2019**

wisconsibs
Sisters & Brothers of People with Disabilities

and BEAMING, Inc joined forces this summer to provide a day of leadership training for WisconSibs' teen leaders at the BEAMING barn. The participants learned important skills and made connections with other Teen Sib Leaders who will become friends and provide support as they become adults.

Sibshops

Additionally, BEAMING was honored to host a Sib's Shop with the theme "Frozen". BEAMING was able to acquire the same Fjord breed horses for programming that were also featured in the Disney film.

WisconSibs provides support, education and leadership development for the brothers and sisters of people with disabilities.

BEAMING Board of Directors
Heidi Hansen, President
Mike Schultz, Vice President
Pam Winek, Secretary
Jeff Schommer, Treasurer
Jim Quinn
Walt Zerrenner
Kim Walsh
Sara Keller

BEAMING Instructors
PATH Certified
Katie Samuelson, Center Director
Rose Hromadka
Lexie Andrasko

Winter 2019-20

Building Equine Assisted Mobility Into New Growth
BEAMING INCORPORATED
BEAMINGinc.org

BEAMING Equine FEATURE

Welcome our two new equine partners - **Flinka** and **Ludvig** - on generous loan from BEAMING Instructor Lexie Andrasko!

Our programs are expanding and rider numbers are increasing thus additional equine partners are necessary. Flinka and Ludvig are both Norwegian Fjord. This breed is known for their dun colour, striking dorsal-striped mane, for being small but strong and agile, and a gentle temperament. We are grateful to Lexie for making them available to the BEAMING family!

VOLUNTEERS WE NEED YOU!

Go to the Website to Sign-up Today!

beaminginc.org/current-volunteers/

NOVEMBER
Saddle Up for Success @ 4:30, 5:30, 6:30pm
November 4, 5, 6 and 11, 12, 13 and 18, 19, 20
SPECIAL SESSIONS November 2nd and 16th
Horses, Heart & Heroes @ 2:00pm
November 6, 13 and 20

DECEMBER
Saddle Up for Success @ 4:30, 5:30, 6:30pm
December 2, 3, 4 and 9, 10, 11 and 16, 17, 18
Horses, Heart & Heroes @ 2:00pm
December 4, 13 and 20

FORWARD

Building Equine Assisted Mobility Into New Growth
BEAMING INCORPORATED

UPCOMING Camps & Events Winter 2019-20

Saturday Nov 2nd
Memory Café Equine Experience
2:00 to 4:00pm

Saturdays Nov 2nd /16th
Saddle Up for Success and
LAUNCH TRY IT DAY 9:30am

December 7th Santa's visiting the BEAMING Barn
December 8th Bowling with BEAMING (Details INSIDE)

10th Annual
'Night at the Races'
April 24th, 2020

VOLUNTEERS SIGN-UP for Classes Held Monthly:
- Saddle Up for Success
- Horses, Hearts & Heroes
- LAUNCH

BEAMING NEWSLETTER FOR FRIENDS, FAMILIES, VOLUNTEERS & RIDERS

BEAMING Receives Generous Support from Byers Family Foundation

BEAMING, Inc. has received a $35,000 grant from the Byers Family Foundation. The late Mary and Robert Byers were long time participants in the The American Quarter Horse industry and passionately believed in the power of of equine-therapy to heal. BEAMING primarily uses quarter horses which are docile, hard-working and connect easily with people. The grant will allow BEAMING to add needed staff to increase its services to its clients and the community.

The grant earmarked $5,000 to be used towards a new rider lift system. This lift will allow riders, who need assistance. to safely mount and dismount their horse. It also will protect volunteers, horses and instructors when helping these riders. This Wisconsin manufactured Surehands® lift and its installation will cost approximately $16,000.

BEAMING friends Brooke Alexy and John Nelson have donated an additional $5000 towards the lift. Please consider making a donation to help pay for this lift system and "giving a leg up" to our special riders.

FOX VALLEY MEMORY PROJECT

Memory Café Equine EXPERIENCE

Saturday November 2nd, 2-4pm
BEAMING, Inc. 2692 County Road GG, Neenah, WI 54956

BEAMING will host it's first memory café at it's barn on November 2nd . This event is organized by the Fox Valley Memory Project. A Memory Café is a social gathering for persons with mild cognitive impairment, early Alzheimer's or other dementias. The BEAMING memory café is free and limited to 16 participants plus caregivers.

Activities at the event include:
- Grooming and bonding with equine partner
- Picture taking
- Making/Feeding treats to horses
- Campfire sing-along and story telling

(weather permitting) and more.

If you know of someone who may benefit from this experience or want more info, please contact Brianna at Fox Valley Memory Project 920-225-1711.

This event is sponsored by Walt & Aline Zerrenner and The Arline Zerrenner Foundation.

BEAMING Rider FEATURE

Rider Gives Back

Sixteen-year-old Ella Morris' smile has been lighting up the BEAMING barn for the last 3 years as she rides around our arena. That smile is made possible by the vast support she receives from organizations like BEAMING as she navigates through life with Spina Bifida.

Despite her condition, Ella lives the life of a typical teenager on the Morris's hobby farm near Green Lake with the family's animals and her yellow lab, Charley. She is now a High School junior and is working on getting her driver's permit. She enjoys spending time with her two sisters and school friends. Ella serves on the Student Council; manages the girls basketball team; is a 4H member and is passionate about her painting and photography.

Ever since Ella was a year old, the Morris family has been raising money for organizations that have helped her lead a normal life. This year the family shared the proceeds from its 16th annual Ella's Golf Outing with BEAMING, as well as Spina Bifida, WI and the Ronald McDonald House.

BEAMING volunteers work every day to enrich the lives of kids like Ella. The payoff for the volunteers? Their own lives are also enriched in the process.

Spuds' FAN CLUB

Spuds' Fan Club Membership is made up of people who value the hard work Spuds and his stablemates are doing each time they carry a BEAMING participant. The best reward for them is some hay, a scoop of grain, and an occasional vet and farrier visit. On average, those costs run $8.34/day per horse, $16.68 for two horses. We're asking you to pledge one day's care for one, two, or three horses per month.

How to Pledge - Receive a Certificate of Membership to Spuds' Fan Club when you commit to:

- $8.34 for one horse, one day a month
- $16.68 for two horses, one day per month
- $25.02 for three horses to receive one day of feed and care per month

OR • a One-Time Pledge

DONATIONS Go to "Donate" on our webpage and scroll down to Tater & Spuds Club. BEAMING will charge your credit card each month (Via PayPal) or you can make a one-time donation. BEAMING also accepts checks. Monthly membership will continue for as long as you wish. Monthly membership will continue for as long as you wish; you can change or cancel a recurring donation anytime in your PayPal account settings.

Membership Benefits Include:

- An open invitation to come out and see our horses at any scheduled time
- A copy of our quarterly newsletter - FORWARD
- A Certificate of Membership in Spuds' Fan Club
- The satisfaction of knowing you are helping to CHANGE LIVES ONE RIDE AT A TIME

Come Visit with Santa & Your Equine Friends

BEAMING BARN
December 7th

11am -12:30pm
Sing Christmas Carols
Decorate Cookies

For Friends/Families/Volunteers/Riders

BOWL with BEAMING

December 8th
2pm

Classic Lanes Fox Valley
934 Byrd Ave
Neenah, WI 54956
Call 920-851-6160 to SIGN UP

Camp Review

BEAMING Teams Up with Community Groups to Fight Teen Anxiety, Depression

Teenage anxiety and depression are major problems in our area. Teens unable to deal with these conditions are likely to exhibit behavioral, social, or learning problems. An alarming number of teens struggling with anxiety and depression attempt suicide.

BEAMING has been addressing these problems for several years through its Camp Filter. This year a grant from the International Association of Clear Thinking (IACT) along with additional funding from the JJ Keller Foundation and the Greenville Lions allowed us to take our troubled teen program to the next level with the launch of "Hold Your Horses Camp."

Seventeen teens from four area counties identified as being "at risk" were selected to participate in the four-day Hold Your Horses camp. The difference between this and previous camps was that the financial support we received allowed us to hire professional mental health counselors to work alongside our certified PATH instructors to identify specific issues each teen may be experiencing.

The professional counselors, the BEAMING staff and our equine partners taught the teens important life skills. Among those skills were how to manage conflict; how to cope effectively with adversity; ways to develop new social skills; the keys to improving communications and relationships; and how to engage in healthy self-care.

Was the camp a success? Decide for yourself. Seven of the teens have chosen to become volunteers or participants in other BEAMING programs. Two campers developed a teen advocate program that they will present to area high school staff, administrators and students explaining the benefits of equine therapy, volunteering and participating at BEAMING, Inc.

But in the final analysis, our success is difficult to measure. We are confident that some of the life-skills the teens were taught will point them in directions that they may not have otherwise chosen. And if one teen – just one – refuses to consider suicide as an alternative life's problems, then we have succeeded.

It is this hope that motivates our volunteers to trudge along side our horses and riders in sweltering heat and freezing cold. It is this passion that leads one to forgo a few visits to Starbuck's and donate the money saved to our cause. And it is the recognition of these serious problems that leads businesses and community organizations to gift us the funds that allow us to continue on our journey.