

HOLD YOUR HORSES EQUINE CAMPS



See how spending time with horses can make a huge difference in your life.



Horses are awesome companions. They walk by your side and let you ride them and support you with their calm, peaceful presence. They always listen, and they never judge. They just want to be your friend. They help you learn, heal and grow.

Imagine going to a summer camp where you can spend tons of time with the most wonderful horses you'll ever meet. You'll get to groom and walk the mini horses and the big horses. You'll get to learn how to ride on our Equicizer[®], a horse simulation tool that gets you comfortable with the motions and movements of horseback riding. Then you can try riding a real horse, when you're comfortable with it.

Throughout the camp, you'll also get to sit in on lots of fun sessions about all kinds of topics, from listening to youth advocates to learning about potential career options to hanging with dogs and cats to making super unique artwork.

Two sessions of *Hold Your Horses Camp* will be held in 2023, June 19-22 and June 26-29. Camp runs from 9am-2pm, and lunches are provided. **To sign up, have a parent or guardian contact Katie Samuelson, our Center Director, at 920-851-6160 or incbeaming@gmail.com. Spaces are limited so please sign up as soon as possible to reserve your spot!**



Hold Your Horses Teen Camps are an interactive horse experience that includes hands-on horse activities such as grooming, walking, saddling and riding horses; learning about horse care; barn activities such as cleaning tack; team building and life skills exercises; and educational sessions with relevant topics to teens today. We also have arts and crafts activities to allow our campers to express themselves visually, and hands-on learning experiences.

Qualified instructors join BEAMING staff to present relevant sessions, including human service professionals, educators from local schools and youth advocates from local nonprofits.

At BEAMING, we embrace diversity, we promote inclusion and we celebrate those with diverse abilities. Our no-cost *Hold Your Horses* camps serve teens regardless of socio-economic status, race, gender orientation, religion or ability.

The BEAMING Barn is a safe, nonjudgmental community gathering space where all are welcome.

**The teens who've attended past camps
wanted us to tell you - you will
LOVE this summer camp!**



* Visits by appointment only
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