

# CHANGING LIVES, ONE RIDE AT A TIME.

Through interaction and connection with horses, our program participants are able to learn, heal and grow, empowering them to improve their physical, mental and emotional health.



**BEAMING**  
EQUINE-ASSISTED SERVICES



## DIVERSE ABILITIES SUPPORT

*For individuals ages 4+ with physical, cognitive & emotional disabilities*

**Partners in Riding:** In collaboration with local school districts, we provide adaptive physical education to children with unique challenges such as autism, ADD, ADHD, hemiplegia, Down Syndrome, Cerebral Palsy, mood disorders and/or cognitive, visual, auditory or developmental impairments.

**Saddle Up for Success:** We offer group lessons for adults and children with diverse abilities over the course of many weeks, helping participants grow in their self-discovery and confidence through building relationships with our equine partners. These sessions also provide many physical benefits, such as improved posture and balance, and enhanced fine and gross motor skills.

**Dragons in Flight:** This horseback riding program is for individuals with diverse abilities who have demonstrated they can learn to groom, care for, saddle and ride more independently. We integrate equine-assisted learning (EAL) on a wide range of topics from anatomy to showmanship.

**Autism Camps:** The physical, cognitive and emotional benefits of horseback riding are undeniable for children with autism. Different sensory receptors are stimulated, and children learn to move in new and exciting ways. Our camps provide benefits to the whole child, including body, mind and spirit.

**Pony Power Academy:** This Equine-Assisted Learning (EAL) Program offers a unique approach to help children ages 4-12 with learning disabilities or who have struggled learning to read and write. Our certified instructors guide children through curriculum that was developed based on Wisconsin Literacy Standards, helping to build their confidence and enhance their learning aptitude.



## DEMENTIA SUPPORT

*For those living with dementia and their loved ones*

Our Dementia Support Equine Programs help enrich quality of life by allowing participants to groom, walk and ride horses; engage in mind-body emotions exercises; enjoy educational activities, musical performances and guest presentations; and participate in hands-on projects. Caregivers are able to spend quality time with their loved ones in an uplifting, outdoor setting, while meeting a support network of others going through similar challenges.

**Equine-Assisted Memory Cafés:** We welcome community members with early- to moderate-stage dementia and their caregivers to enjoy hands-on horse experiences and other interactive activities on a monthly basis, allowing them to engage in a social gathering and meet others for support.

**Riding in the Moment (RIM):** Developed in conjunction with UW-Madison, BEAMING is the second in the nation to offer this evidence-based program that improves the quality of life for adults living with early- to moderate-onset dementia and their caregivers. We also take the horses to local memory care facilities ("RIM Mobile"), helping residents socialize while exercising their minds and bodies.

**Steady Strides for Parkinson's:** Designed for those living with Parkinson's Disease (PD) and their caregivers, this program offers support to traditional PD treatment. Up to 80% of people with PD will eventually develop dementia. Studies have shown that equine-assisted services are effective for improving mobility, cognitive abilities and emotional well-being.

**BEAMING is a 501(c)(3) nonprofit organization.**  
Please consider donating to support our programs at [beaminginc.org/donate](http://beaminginc.org/donate).







## TEEN SUPPORT

*For all teens including troubled and hurting youth*

**Hold Your Horses Camps:** These camps are geared toward helping teens hold their emotions in check before acting or reacting. Participants learn the skills to stop, think, listen, then act, resulting in making better choices, improving mental health, and forming healthier relationships. Two no-cost, weeklong sessions are held every summer.

**LAUNCH:** Special education personnel from area school districts send us troubled and hurting teens who are struggling in their peer groups. The hands-on nature of this unique and effective mentoring program addresses basic skills essential for managing conflict, utilizing effective coping skills, developing positive social skills, and learning to engage in healthy self-care.

**CANTER:** Our CANTER (Community Arts Network for Teens Empowering Resilience) program engages teens in equine experiences while providing them with the guidance to create artwork as a form of self-expression, helping them discover their innate talents while supporting their emotional wellness.



## TRAUMA SUPPORT

*For survivors affected by suicide, cancer and other crises*

**RideStrong:** Mental health after trauma is an ongoing concern for everyone affected. Equine-assisted services can help families and friends come together in the wake of loss, and help cancer survivors and those affected by other illnesses or crises cope with their diagnosis and treatment.

## VETERANS SUPPORT

*For our local heroes*

**Horses, Hearts & Heroes:** BEAMING Inc. is honored to provide local veterans with no-cost private equine sessions, which help our heroes cope with civilian life and stressors while improving physical, social and behavioral skills. Participants have a range of diagnoses including but not limited to amputations, spinal cord injury, traumatic brain injury, stroke, anxiety, depression and post-traumatic stress. This is a great way to meet and bond with fellow service members.

## WOMEN'S SUPPORT

*For women in the Fox Valley area*

**Women's Empowerment Series:** Women are invited to the BEAMING Barn to connect with other women in search of solace, strength and community. Women enjoy meeting others and sharing their experiences with finding hope and empowerment, and finding support with each other.

## SPECIAL EVENTS

We welcome the community to the barn for a variety of events year-round, including BBQ & Bingo, Red, White & Blue Family Day for local heroes, BOOfest for Halloween, and Santa at the Barn for the holidays.



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\*Visits by appt only