

# HOLD YOUR HORSES TEEN CAMP

## TEEN SUPPORT EQUINE PROGRAM



**BEAMING**  
EQUINE-ASSISTED SERVICES

See how spending time with horses  
can make a huge difference in your life.

## HOLD YOUR HORSES TEEN CAMP

**Hold Your Horses Camp** is a free, 4-day horse experience for young adults ages 12-18 that includes hands-on horse activities such as grooming, walking, saddling and riding horses; learning about horse care; barn activities such as cleaning tack; team building and life skills exercises; and educational sessions with relevant topics to teens today. We also have arts and crafts activities to allow our campers to express themselves visually.

Qualified instructors join BEAMING staff to present relevant sessions, including human service professionals, educators from local schools and youth advocates from local nonprofits.

**Two sessions of Hold Your Horses Camp will be held in 2024, June 17-20 and June 24-27.** Camp runs from 9am-2pm, and lunches are provided. To sign up, have a parent or guardian contact Katie Samuelson, our Center Director, at 920-851-6160 or [incbeaming@gmail.com](mailto:incbeaming@gmail.com). **Spaces are limited so please sign up as soon as possible to reserve your spot!**



At BEAMING, we embrace diversity, we promote inclusion and we celebrate those with diverse abilities. Our no-cost Hold Your Horses camps serve teens regardless of socio-economic status, race, gender identity, sexual orientation, religion or ability. The BEAMING Barn is a safe, nonjudgmental community gathering space where **all are welcome**.

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[beaminginc.org](http://beaminginc.org) \*Visits by appt only please



watch the teen  
camp video here



more info here

