

CHANGING LIVES, ONE RIDE AT A TIME.

We facilitate life-changing equine experiences to promote physical, cognitive and emotional well-being for those in our community facing unique challenges.



BEAMING
EQUINE-ASSISTED SERVICES

DIVERSE ABILITIES SUPPORT

For individuals ages 4+ living with physical, cognitive and emotional disabilities

Partners in Riding In collaboration with area school districts, we provide adaptive physical education to children with unique challenges such as autism, ADD, ADHD, hemiplegia, Down Syndrome, Cerebral Palsy, mood disorders and/or cognitive, visual, auditory or development impairments.

Saddle Up for Success We offer group lessons for adults and children with diverse abilities over the course of many weeks, helping participants grow in their

self-discovery and confidence through building relationships with our equine partners. These sessions also provide many physical benefits, such as improved posture and balance, and enhanced fine and gross motor skills.

Dragons in Flight This horseback riding program is for individuals with Down Syndrome and other diverse abilities who have demonstrated they can learn to groom, care for, saddle and ride more independently. We integrate equine assisted learning (EAL) on a wide range of topics from anatomy to showmanship.

Autism Camps The physical, cognitive and emotional benefits of horseback riding are undeniable for children with autism. Different sensory receptors are stimulated and children learn to move in new and exciting ways. Our camps provide benefits to the whole child including body, mind and spirit.

Pony Power Academy This Equine-Assisted Learning (EAL) Program offers a unique approach to help children ages 4-12 with learning disabilities or who have struggled learning to read and write. Our certified instructors guide children through curriculum that was developed based on Wisconsin Literacy Standards, helping to build their confidence and enhance their learning aptitude.

From the Ground Up This program is an equine-assisted learning program. It offers participants a unique environment in which they develop a better understanding of communication, teamwork, improve zones of regulation, and trust, and prepares them for potential riding experiences.

STABLE MINDS SUPPORT

Dementia Support

For those living with dementia and their loved ones

Our Dementia Support Equine Programs help enrich quality of life by allowing participants to groom, walk and ride horses; engage in mind-body emotions exercises; enjoy educational activities, musical performances and guest presentations; and participate in hands-on projects. Caregivers are able to spend quality time with their loved ones in an uplifting, outdoor setting, while meeting a support network of others going through similar challenges.

Equine-Assisted Memory Cafés We welcome community members with early- to moderate-stage dementia and their caregivers to enjoy horse experiences and other interactive activities such as educational presentations, arts and craft projects and other outdoor and ranch activities. This offers participants and their families an opportunity to engage in a social gathering and meet others for support.

Riding in the Moment™ (RM™) Developed in conjunction with UW-Madison, BEAMING is the second in the nation to offer this evidence-based program that improves the quality of life for adults living with early- to moderate-onset dementia and their caregivers. We also take the horses to local memory care facilities ("RM™ Mobile"), helping residents socialize while exercising their minds and bodies.

The Riding in the Moment™ RM™ program was created by Hearts & Horses, LLC.

Hearts & Horses, LLC is not affiliated with nor participates with BEAMING, Inc. and its use of the program.

Steady Strides for Parkinson's Designed for those living with Parkinson's Disease (PD) and their caregivers, this program offers support to traditional PD treatment. Up to 80% of people with PD will eventually develop dementia. Studies have shown that equine-assisted services are effective for improving mobility, cognitive abilities and emotional well-being.

Brain Body and Balance

Designed for those living with Parkinson's disease and Traumatic Brain Injuries (TBI), offering a holistic approach to improving physical, cognitive, and emotional well-being. This unique equine-assisted program leverages the therapeutic power of horses to help participants enhance balance, coordination, and mobility while also fostering cognitive engagement and emotional healing.



TRAUMA SUPPORT

For survivors affected by suicide, cancer and other crises

RideStrong

Mental health after trauma is an ongoing concern for everyone affected. Equine-assisted services can help families and friends come together in the wake of loss, and help cancer survivors and those affected by other illnesses or crises cope with their diagnosis and treatment.

TEEN SUPPORT

For all teens including troubled and hurting youth

Hold Your Horses Camps

These camps are geared toward helping teens hold their emotions in check before acting or reacting. Participants learn the skills to stop, think, listen, then act, resulting in making better choices, improving mental health, and forming healthier relationships. Two week-long sessions are held every summer.

LAUNCH Special education personnel from area school districts send us troubled and hurting teens who are struggling in their peer groups. The hands-on nature of this unique and effective mentoring program addresses basic skills essential for managing conflict, utilizing effective coping skills,

developing positive social skills, and learning to engage in healthy self-care.

CANTER Our CANTER (Community Arts Network for Teens Empowering Resilience) program engages teens in equine experiences while providing them with the guidance to create artwork as a form of self-expression, helping them discover their innate talents while supporting their emotional wellness.

MILITARY & FIRST RESPONDERS SUPPORT

For ALL our local heroes

Horses, Hearts & Heroes

This program supports our local heroes in coping with stressors and trauma while improving physical, social and behavioral skills. Participants have a range of diagnoses including but not limited to amputations, spinal cord injury, traumatic brain injury, stroke, anxiety, depression and post-traumatic stress. This is a great way to meet and bond with fellow service members. This program offers an on-site overnight.

RESILIENCY & EMPOWERMENT

Join the BEAMING Ranch to connect with others in search of solace, strength, and community. Share your experiences with finding hope, empowerment, and support in each other. Develop your self-efficacy with our wise and gentle horses.

BEAMING is a 501(c)(3) nonprofit organization.
Please consider donating to support our programs at beaminginc.org/donate.

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*Visits by appt only please

